

Psychosis 2.0

New understandings and effective ways of working with and healing from psychosis



A conversation with:
Eleanor Longden
John Read
Keris Myrick
Will Hall
Rufus May
Michael Cornwall



Psychosis 2.0 shares evolving perspectives on recovery from extreme mental states and follows on from the ground breaking Nov 2011 conference: **Understanding Psychosis and Alternatives for Recovery**.

We are honoured again to bring together a stellar list of presenters, each recognized in their clinical and educational fields as innovators and leaders.

All but one of the six presenters have first-hand experience of psychosis and recovery so they bring both existential and intellectual authority to the conversation. They will address the topic in terms of their own lived experience, and the positive circumstances that helped them emerge from psychosis, as some might say, *weller than well*.

Each of their lives attests to the power of recovery, and they will vividly demonstrate that psychosis is something that both passes and that cannot be adequately explained or resolved in the kind of reductive, narrow terms that regards our human experience as little more than the sum of chemicals and brain cells.

Together we will explore the psychological, social, societal and structural underpinnings of psychosis, the role of trauma and adversity, misconceptions about treatment and outcomes, struggle and meaning, and the power of relationship as people journey to recovery.

We will spotlight new approaches to understanding and healing from psychosis that have in common: starting broad, going deep and embracing complexity. These approaches seek not to identify and correct what is wrong with a person but instead pay attention to the whole life: what happened to us and around us, as well as our relationship with this world that we are creating for ourselves, and each other, to live in.



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Brian: 416 285 7996 x227

bmckinnon@alternativestoronto.org

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